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PLAYEAST!

East County Recreation

FALL GUIDE 2020

All programs subject to change do to the COVID-19
please visit PlayEast.org for updated information

Activities for the children and youth of
East Multnomah County brought to you
by the Cities of Fairview and Wood Village

Register online at www.playeast.org
Set up your account today!



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REGISTER FOR CLASSES!

Register online at www.playeast.org. We accept debit and credit cards.
 If you need assistance with registration, please contact us at 503-674-6202 or 503-423-7323

NEED FINANCIAL ASSISTANCE?

If you are in need of financial assistance, please visit PlayEast.org and follow the link or contact Recreations Manager **Jairo Rios-Campos** at rios-camposj@ci.fairview.or.us or (503) 674-6202.

DONATIONS ARE WELCOME AND NEEDED!

You can provide a child with the opportunity to participate in healthy activities. Help support your community by donating any amount to the PlayEast! Recreation Fund. Donations are accepted at Fairview City Hall or by contacting Recreation Manager at rios-camposj@ci.fairview.or.us or (503) 674-6202, all donations are tax deductible.

All programs and activities will follow new COVID-19 protocols. For full details visit PlayEast.org and follow the link. If you have any questions please reach out to Program Manager at (503) 674-6202 or rios-camposj@ci.fairview.or.us

EMERGENCY PHONE NUMBER ~ 911

NON-EMERGENCY POLICE DISPATCH.....	503-823-3333
MULTNOMAH COUNTY SHERIFF'S OFFICE.....	503-988-7300
GRESHAM FIRE DEPARTMENT.....	503-618-2355



PlayEast would like to say thank you to all of our sponsors for their commitment!

We would like to express our sincere gratitude from the bottom of our heart to First Community Credit Union for being our Premier Partner and for the rest of our sponsors who have contributed as well. We are honored to have such a great partners be part of PlayEast!

Premier Partner:



first community
credit union



VIRTUAL CLASSES

PlayEast Families - As we approach Fall 2020, we know that many school districts are starting the school year with distance learning. In response, PlayEast with Skyhawks is continuing its virtual programming series with strategic class times that meet the varying needs and schedules of families. Our virtual offerings are intended to compliment (not replace) our in-person classes and provide options for families seeking additional opportunities to keep your kids active and learning. All virtual classes will be conducted through Zoom®. The Zoom® link will be sent to participants prior to the program's start date. A list of required equipment and materials will be provided to participants prior to the program's start date. Any question please contact Recreation Manager.

SkyHawks Mind & Body Series

STEM Sports: Multi-Sport (ages 4-12)

This module-based, virtual class explores the Science, Technology, Engineering and Math behind multiple sports. Our passionate instructor will use sports as the real-life application to drive STEM-based, hands-on learning, instilling curiosity and a passion for learning in each child. Activities vary by sport and season, but may include engineering design challenges, goal-line technology, forces in basketball, energy transfer in sports, advancements in shoe technology and more!

Wednesday 1-1:45pm (ages 4-7)

#V59: 9/23-10/21

#V60: 11/4-12/9

Tuesdays 4-4:45pm (ages 7-12)

#V61: 9/22-10/20

#V62: 11/3-12/8

Fridays 1-1:45pm (ages 7-12)

#V63: 9/25-10/23

#V64: 11/6-12/11

Cost: \$59



Programs and dates are subject to change to the COVID-19 situation, please visit PlayEast.org for current status classes.

Esports & Play: Rocket League (ages 6-12)

It's game time! This new program combines a high energy, game-based physical education program with a unique and exciting gaming experience. With our passionate instructors at the core, this program will engage your child in fun activities that develop the fundamental movement skills needed to play a wide variety of sports. Participants will work through customized drills, play in teams and compete in friendly competition.

Monday 1:30-3:15 pm

#V65: 9/21-10/19

#V66: 11/2-12/7 (No class 11/23)

Cost: \$99

Esports & Play: Fortnite (ages 10-14)

Team up! This exciting program combines a high energy, game-based physical education program with a new, one-of-a-kind gaming experience. Skyhawks instructors will engage your child in fun activities that develop the fundamental movement skills needed to play a wide variety of sports. Players will participate in exercises and drills through training workshops, private custom matches against other students, and opportunities for competitive play via private tournaments and show matches. All activities will promote sportsmanship and teamwork in an immersive digital environment, while providing a positive outlet through physical activity. *No game purchase necessary.

Thursday 4-5:45 pm

#V67: 9/24-10/22

#V68: 11/5-12/10 (No class 11/26)

Cost: \$99

VIRTUAL CLASSES

SkyHawks Stay Active Series

Soccer Skills (ages 6-12)

Whether you are looking to sharpen your skills or learn the game for the first time. This fast-paced, engaging program provides the perfect mix of game-based exercises and skill practice to promote agility and improve fundamental soccer skills. Ball control, dribbling, passing and shooting are the focus.

Wednesday 4-4:45 pm

#V69: 9/23-10/21

#V70: 11/4-12/9 (No class 11/25)

Friday 12-12:45 pm

#V71: 9/25-10/23

#V72: 11/6-12/11 (No class 11/27)

COST: \$49

Basketball Skills (ages 6-12)

This engaging, skill-based program is designed to keep kids active with a blend of basketball instruction and physical education. Participants will improve several fundamental basketball skills including ball handling, dribbling, body positioning and shooting.

Wednesday 4-4:45 pm

#V73: 9/23-10/21

#V74: 11/4-12/9 (No class 11/25)

Friday 12-12:45 pm

#V75: 9/25-10/23

#V76: 11/6-12/11 (No class 11/27)

COST: \$49

PhysEd Fun (ages 6-12)

Skyhawks is proud to offer an engaging, game-based physical education program designed for the home. This class will offer children a wide variety of activities that involve locomotor, non-locomotor, manipulative skills and fitness development exercises.

Monday 2:30-3:15 pm

#V77: 9/21-10/19

#V78: 11/2-12/7 (No class 11/23)

Thursday 4-4:45 pm

#V79: 9/24-10/22

#V80: 11/5-12/10 (No class 11/26)

COST: \$49

SkyHawks Supertots Series

HoopsterTots (ages 3-5)

This virtual class brings our best games and lessons into your living room, ensuring an enriching and active experience for your child. Kids will have a blast and parents will come away with some great new activities to play with the family.

Monday 12-12:45 pm

#V81: 9/21-10/19

#V82: 11/2-12/7 (No class 11/23)

COST: \$49

SoccerTots (ages 3-5)

SoccerTots programs develop motor skills and self-confidence in a fun, engaging format. offer a unique at-home class that promotes the early development of soccer skills and a love for an active lifestyle. This fast paced program will keep your child engaged with an imaginative warm-up and exciting activities that disguise learning and focus on fun!

Wednesday 4-4:45 pm

#V83: 9/23-10/21

#V84: 11/4-12/9 (No class 11/25)

COST: \$49

BaseballTots (ages 3-5)

BaseballTots classes focus on fine and gross motor skills as well as body control. With lessons modified for participation in the home, top instructors teach baseball basics including throwing, catching and hitting. We are excited to help these little ones develop a love of the game! Children will experience an exciting program featuring dynamic warm-ups, stretching best practices, fun games and valuable life lessons along the way.

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Friday 12-12:45 pm

#V85: 9/25-10/23

#V86: 11/6-12/11 (No class 11/27)

COST: \$49



IN-PERSON CLASSES

SkyHawks Basketball

HoopsterTots (ages 3-5)

Learning basketball has never been more fun! These classes focus on dribbling, shot technique, passing and team work. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge.

Thursday 4:30-5 pm

#172: 9/24-10/29

Location: Fairview Elementary (subject to change)

Min. 6—Max. 12

Instructor: SkyHawks Staff

COST: \$55

Basketball + Agility Skills (ages 6-12)

"This fun, skill-intensive program is designed for the beginning to intermediate player. Using our progressive curriculum, staff focus on the whole player, teaching respect, teamwork and responsibility. An active class of passing, shooting, dribbling, and rebounding makes this one of our most popular programs.

We are going to incorporate agility work to focus on footwork and fundamental movement activities.

Thursday 5:05-6:05 pm

#173: 9/24-10/29

Location: Fairview Elementary (subject to change)

Min. 6—Max. 12

Instructor: SkyHawks Staff

COST: \$69



SkyHawks Soccer

Soccer (ages 6-12)

Developed over 30 years, this is the number one soccer class for parents looking to introduce their children to the fundamentals of the world's most popular sport. Using our progressional curriculum, your young athlete will gain the technical skills and sport knowledge required for that next step into soccer.

Saturday 11:45-12:45 pm

#174: 9/26-10/31

Location: Donald Robertson Park

Min. 6—Max. 12

Instructor: SkyHawks Staff

COST: \$69



SoccerTots (ages 3-5)

SoccerTots is our flagship program! Playable on almost any surface, these soccer-themed motor skill classes are very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence

Saturday 12:45-1:15 pm

#175: 9/26-10/31

Location: Donald Robertson Park

Min. 6—Max. 12

Instructor: SkyHawks Staff

COST: \$55



Programs and dates are subject to change due to the **COVID-19** situation, please visit PlayEast.org for current status classes.

IN-PERSON CLASSES

SkyHawks Mini-Hawk

Football & Soccer (ages 4-7)

This multi-sport program was developed to give children a positive first step into athletics. Flag football and soccer are taught in a safe, structured environment filled with encouragement and fun. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace.

Saturday 11:45-12:45 pm

#176: 9/26-10/31

Location: Donald Robertson Park

Min. 6—Max. 12

Instructor: SkyHawks Staff

COST: \$69



Intro to Yoga

Parent-Child Classes (ages 3-5)

Whether you are looking to sharpen your skills or learn the game for the first time. This fast-paced, engaging program provides the perfect mix of game-based exercises and skill practice to promote agility and improve fundamental soccer skills. Ball control, dribbling, passing and shooting are the focus.

Friday 10-11 am

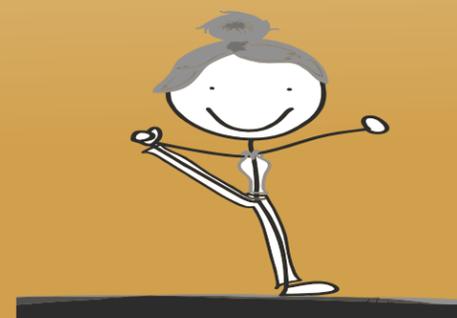
#177: 9/25-10/30

Location: Donald Robertson Park

Min. 2—Max. 10 (including parents)

Instructor: Madeline Henry

COST: \$25



Art with William

Mini-Master Artists (ages 5-12 years)

Each class introduces children to a master artist and new art techniques using a wide variety of nontoxic art media. The Art Hour is a fun way to learn new art skills and create beautiful projects using a variety of media including acrylic paint, charcoal, pastels, chalk, and clay. This creative classes inspire your little artists imagination and strengthens their observational skills through storytelling, music, and hands on art making!

Wednesday 5-6 pm

#178: 9/30-11/4

Location: Fairview Community Center

Min. 4—Max. 10

Instructor: William Hernandez

COST: \$55

Family Art Hour (ages 3+ Parent/Guardian must attend)

This classes feature step-by-step instruction designed for all ages and skill levels. What will you paint? There's plenty of masterpieces to choose from—from festive, seasonal pieces to portraits of your child's favorite animated friends. Get the whole gang together for a family paint afternoon and spend some "non-screen" time creating memories in a relaxed, creative atmosphere. Everyone will have a blast unleashing their creativity and learning a brand-new skill. This workshop style class is for ages 3 to adult, so you can take an art class with your child.

Wednesday 6:05-7:05 pm

#179: 9/30-11/4

Location: Fairview Community Center

Min. 3—Max. 10

Instructor: William Hernandez

COST: \$70





PLAYEAST!
East County Recreation

PLAYEAST! VIRTUAL 5K FUN RUN/WALK



**"LET'S MOVE TOGETHER"
JOIN THE FAMILY FUN!**



October 3rd-5th

**REGISTER AT PLAYEAST.ORG:
YOUTH 14 AND UNDER RUN FOR FREE**

**All of the proceeds go to PlayEast! to provide healthy and safe
recreational activities and scholarships for youth in our community**



PLAYEAST!
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